

**Physical Education Department  
General Guidelines and Department Policies  
2006-2007**

**Swim Unit Policies**

1. Students must have a bathing suit and towel.
2. Students are allowed **1 miss** for the 4 week swim unit (Jr. High students are allowed 2 misses).
3. More than 1 (2) miss(es), the missed swim classes must be made-up by the end of the school year or **course failure** will result.
4. Swim classes must be made-up with a teacher.

**General Guidelines**

1. Students must be on time to class. First offense – warning, Second offense – detention.
2. All students need a change of clothes for class. Appropriate clothing as per school Code Of Conduct.
3. Footwear – Athletic sneakers! **No** rubber soled shoes, work boots, sandals, platform sneakers, slip on sneakers, untied sneakers or turf shoes, for safety issues.  
**All sneakers must be tied!**
4. Students are not allowed to leave class without permission from teacher.
5. Do not touch or use equipment in the gym without teacher's permission.
6. No food or beverages in the locker rooms or gym areas.
7. A locker will be issued to everyone. **Lock up your valuables during and after class.**
8. Students are allowed **1 miss per quarter (Jr. High – 2 misses)**. Absent or Unprepared
9. Any more than 1 (2) miss(es) must be made up no later than **2 weeks** after the quarter ends.
10. Any student wishing to make-up a class during study hall must get a pre-signed pass on the day of the make-up. The teacher you are making class up with must sign the pass. If you do not have a pass, do not come to the gym.  
~Physical Education classes can also be made up on Monday, Wednesday, and Friday from 2:35 – 3:30 in the weight room.
11. Student will fail the quarter if classes are not made up. Any make-ups after deadline will **not** result in a change of grade.
12. If a student does not have a change of clothes for class, a change of clothes will be provided for them.
13. All students are expected to complete ALL components of the Presidential Fitness Test.
14. It is recommended that jewelry be removed and locked up before class. In some units jewelry must be removed for safety considerations. **No jewelry in the pool.**
15. In the case of a long-term medical condition that prohibits participation in physical activity, a doctor's note is needed. Written work may be assigned in place of activity. Written work is allowed for medical reasons **only**.
16. There will be **ZERO** tolerance for foul language, fighting and bullying.
17. **REMEMBER: YOU NEED 2 CREDITS OF PHYSICAL EDUCATION TO GRADUATE!!!**